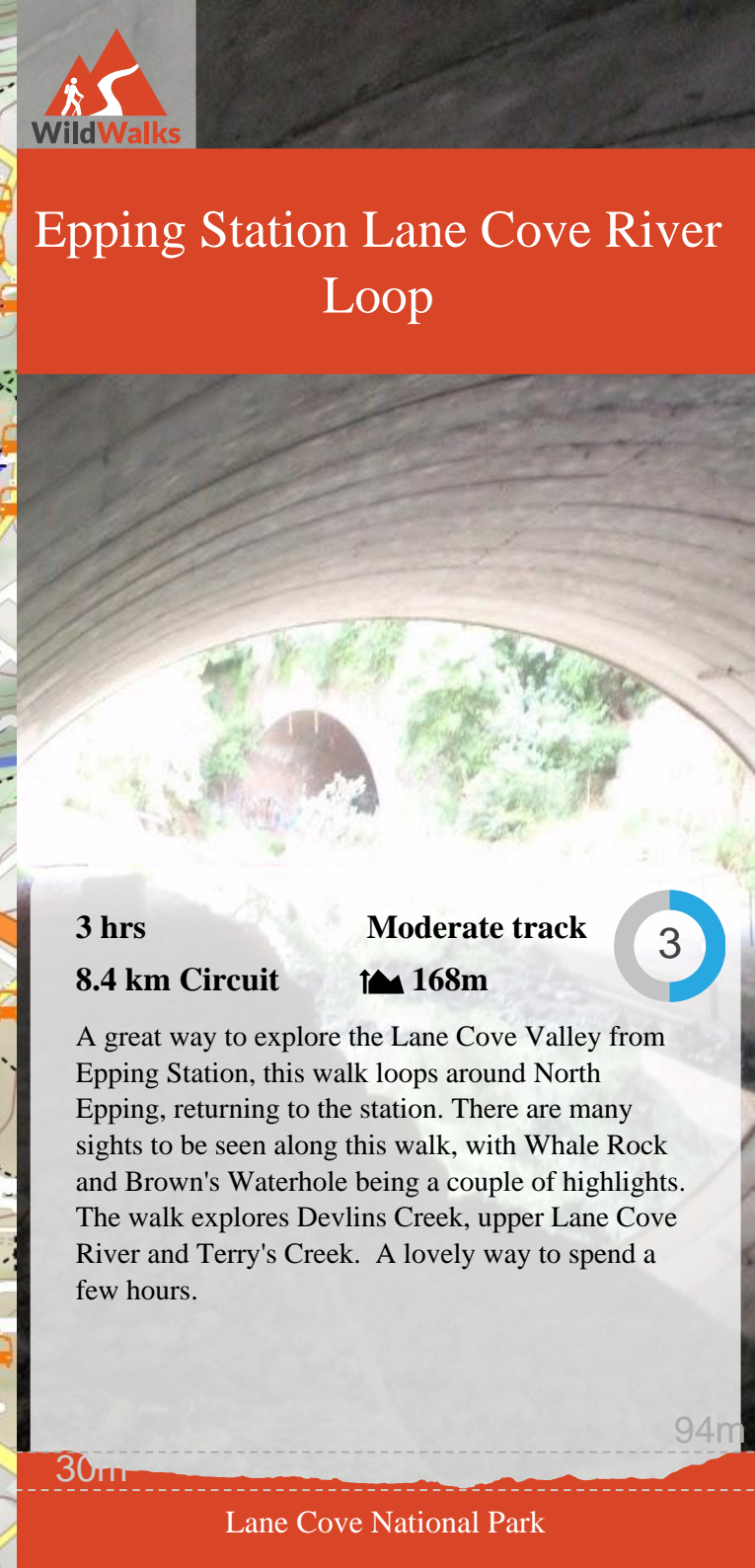
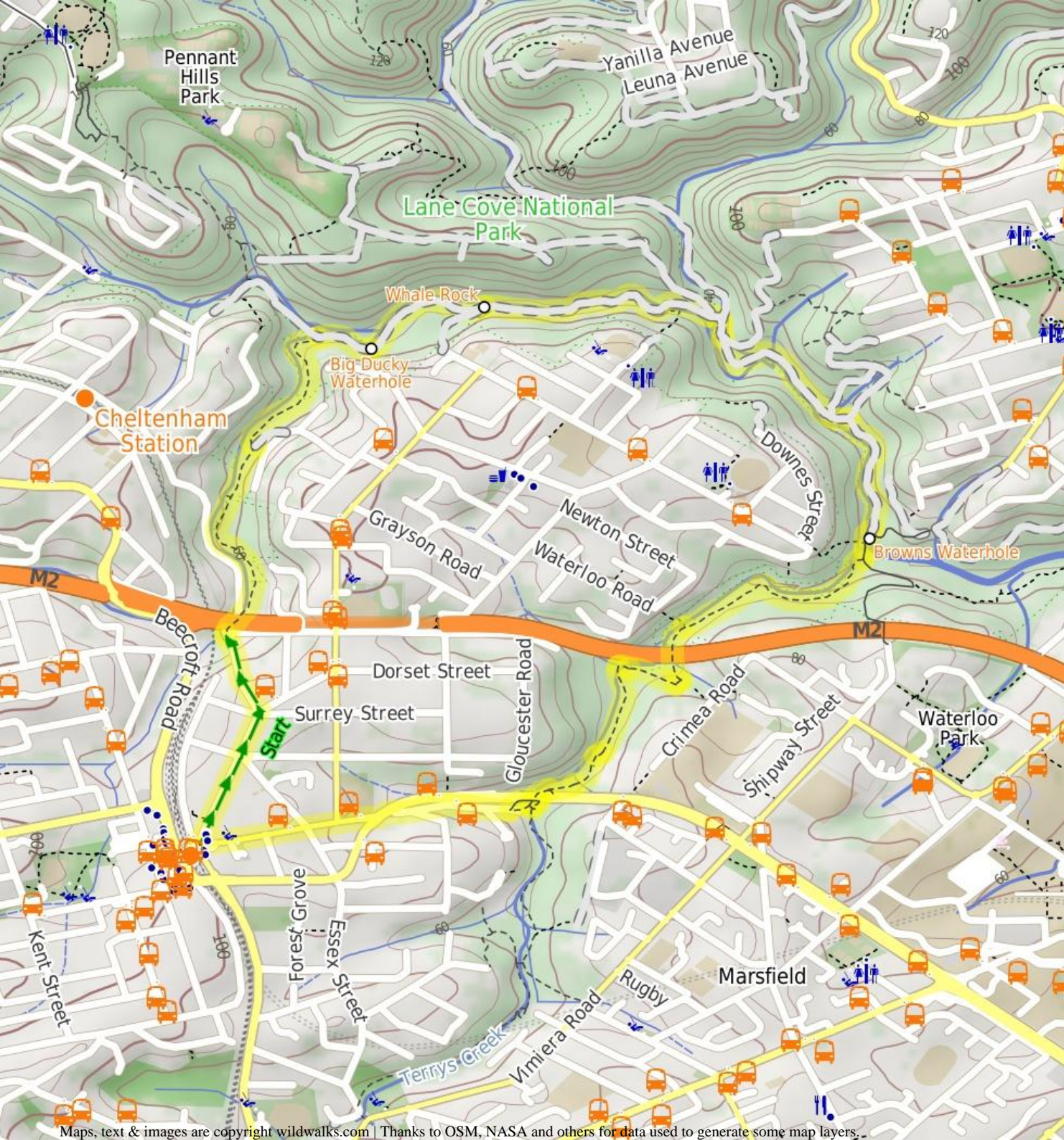




Epping Station Lane Cove River Loop



3 hrs

8.4 km Circuit

Moderate track

168m

3

A great way to explore the Lane Cove Valley from Epping Station, this walk loops around North Epping, returning to the station. There are many sights to be seen along this walk, with Whale Rock and Brown's Waterhole being a couple of highlights. The walk explores Devlins Creek, upper Lane Cove River and Terry's Creek. A lovely way to spend a few hours.

30m

94m

Lane Cove National Park

Big Ducky Waterhole

The servicetrail loops around the top of the Big Ducky waterhole and there is a nice rock overhang in which to break. Is also a popular bird watching area. Unfortunately, recently there has been large quantities of rubbish in the area. (If going down to the waterhole please consider carrying out some of the rubbish if every walker carries out a bit it will make a difference)

Whale Rock

This is a large boulder that looks eerily like a whale, complete with eye socket. It is a good place to break and climb around the Rock.

Browns Waterhole

Browns Waterhole is a wide, shallow section of the Lane Cove River, downstream of a concrete weir. There is a concrete shared cycle/footpath crossing over the top of the weir, linking Kissing Point Road, South Turramurra to Vimiera Rd, Macquarie Park. On the western side of the waterhole, there is a picnic table and small clearing with a view over this section of the river.

Before You walk

Bushwalking is fun and a wonderful way to enjoy our natural places. Sometimes things go bad, with a bit of planning you can increase your chance of having an enjoyable and safer walk. Before setting off on your walk check

- 1) Weather Forecast ([BOM Metropolitan District](#))
- 2) Fire Dangers ([Greater Sydney Region, unknown](#))
- 3) Park Alerts ([Lane Cove National Park](#))
- 4) Research the walk to check your party has the skills, fitness and equipment required
- 5) Agree to stay as a group and not leave anyone to walk solo

Think before you TREK

The 'Think before you TREK' program developed by NSW Police & NPWS promotes the benefits of planning ahead for your bushwalking trip by using an easy to remember acronym:

- T** Take adequate supplies of food, water, navigation and first aid equipment.
- R** Register your planned route and tell friends and family when you expect to return.
- E** Emergency beacon (PLB's) should be carried on walks with significant gaps in mobile coverage (check terrain profile).
- K** Keep to your planned route and follow the map and walking trails.

Topo Maps

The maps provided on wildwalks are helpful, but there are times where you may need maps covering a broader area. Maps that cover this walk include;

1:25 000 Map Series:91303N PARRAMATTA RIVER

1:100 000 Map Series:9130 SYDNEY

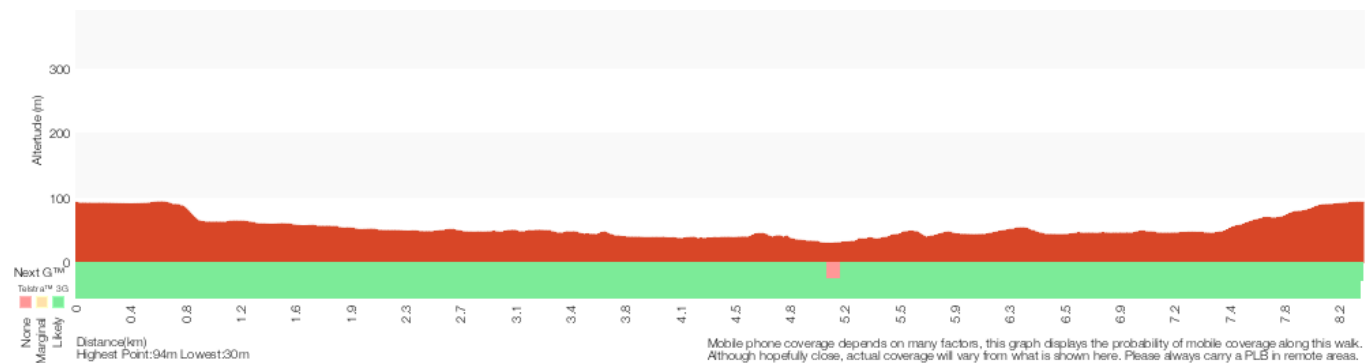
Grade

This walk has been graded using the AS 2156.1-2001. The overall grade of the walk is determined by the highest classification along the whole track.



Grade 3/6
Moderate track

Length	8.4 km Circuit
Time	3 hrs
Quality of track	Formed track, with some branches and other obstacles (3/6)
Signs	Directional signs along the way (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Storms may impact on navigation and safety (3/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)



Mobile phone coverage depends on many factors, this graph displays the probability of mobile coverage along this walk. Although hopefully close, actual coverage will vary from what is shown here. Please always carry a PLB in remote areas.

Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walk's overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there You can get to Epping Station (gps: -33.7725, 151.0824) by car, train or bus. Car: There is free parking available.

This is a circuit, so you will finish back at the start.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/esl>

0 | Epping Station

(940 m 18 mins) The walk exits Epping Station on the Oxford St side. The walk then crosses Cambridge St and continues down Oxford St. The walk follows the footpath past the shops down Oxford St passing Chester St, Surrey St. Just after Surry St the walk turns left onto Derby St to the end. Nearing the end of Derby St the walk tends left around the yellow gate and onto the concrete driveway which veers left off the road. The walk continues towards the tunnel to come to an intersection just before the tunnel entrance.

0.94 | Int of Derby street service trail

(1.5 km 25 mins) Veer right: From the intersection this walk follows the Great North Walk arrow up the couple of steps then down along the footpath through the tunnel under the M2 (keeping the creek and wider management trail to your left). Out of the tunnel this walk follows the track as it winds up and around the fenced sewage vent and then continues through the dense bushland in the gully passing a sign marking the entrance to Lane Cove National Park. A little while later the track leads to a signposted intersection with the 'Belinda Crs' management trail.

Turn left: From the intersection the track follows the Whale Rock sign down the service trail which narrows into a bushtrack and follows Devlin creek through the gully all the way along until it widens out into a rocky service trail again and comes to the intersection of the Cheltenham service trail.

2.43 | Int of Epping Trk and Malton Rd Trail

(190 m 3 mins) Continue straight: From the intersection the track follows the Lane Cove River arrow along the servicetrail for a while before it loops around the top of Big Ducky Waterhole.

2.61 | Big Ducky Waterhole

The servicetrail loops around the top of the Big Ducky waterhole and there is a nice rock overhang in which to break. Is also a popular bird watching area. Unfortunately, recently there has been large quantities of rubbish in the area. (If going down to the waterhole please consider carrying out some of the rubbish if every walker carries out a bit it will make a difference)

2.61 | Big Ducky Waterhole

(480 m 8 mins) Continue straight: From the top of Big Ducky Waterhole the continues through the valley keeping Devlins Creek below on the left of the track all the way to Whale Rock.

3.09 | Whale Rock

This is a large boulder that looks eerily like a whale, complete with eye socket. It is a good place to break and climb around the Rock.

3.09 | Whale Rock

(2.1 km 40 mins) Continue straight: From Whale Rock the track follows the

Penant Hills Park arrow along the service trail as it winds through the valley, crossing several small concrete creek crossings until it comes to the signposted intersection of the Pennant Hills ovals service trail.

Continue straight: From the intersection the track follows the Thornleigh via Great North Walk arrow down the short but steep hill and across the river at the causeway. On the other side of the river the track comes up to the intersection of the Great North Walk service trail.

Veer right: From the intersection, this walk follows the 'Lane Cove River Park' sign, gently uphill along the management trail, keeping the river to your right. After about 80m, the trail leads to a Y-intersection with sealed management trail (on the left), marked with a STEP Track map/sign.

Veer right: From the intersection, this walk follows the 'The Great North Walk' sign along the mostly flat management trail, initially keeping the sealed 'Canoon Rd' trail up to your left. The trail undulates through the tall forest and valley (weedy in places), keeping the river to your right, for just shy of 600m to come to an intersection marked with a 'STEP track' sign (on your left).

Continue straight: From the intersection, this walk follows GNW arrow post down the short, fairly steep hill, following the management trail over a small culverted creek. The walk then heads gently uphill for about 30m to come to a clear three-way intersection, marked with a GNW arrow post.

Veer right: From the intersection, this walk follows the GNW arrow post south-east, gently up along the wide trail, keeping the main valley to your right. The trail leads gently up through the valley for about 400m, then under some high tension power lines, where there is a mostly clear view over the river (to your right). Here the trail continues for another 80m to come to an intersection with a wide concrete path (just past the 'Caution' sign), beside the Lane Cove River crossing (on your right), marked with a 'The Great North Walk' sign.

5.16 | Browns Waterhole int

(90 m 2 mins) Veer right: From the intersection, this walk crosses the the causeway of Browns Waterhole. (Caution is needed during and after rain, may become impassable) From here the track continues up the hill on the other side until reaching a small picnic area signposted as 'Browns Waterhole'.

5.25 | Browns Waterhole

Browns Waterhole is a wide, shallow section of the Lane Cove River, downstream of a concrete weir. There is a concrete shared cycle/footpath crossing over the top of the weir, linking Kissing Point Road, South Turramurra to Vimiera Rd, Macquarie Park. On the western side of the waterhole, there is a picnic table and small clearing with a view over this section of the river.

5.25 | Browns Waterhole

(40 m 1 mins) Continue straight: From Browns Waterhole, at the picnic tables, this walk follows the concrete management trail away from the river, up the gentle hill until reaching the large green 'Terry's Creek Walking Track' sign.

5.29 | Int of Terry's Creek Walking Track and Brown's Wat

(2 km 36 mins) Turn right: From the intersection the track follows the Terry's creek walking track sign through the dense bush and along a metal walkway the winds along for a little while, joining back onto a bushtrack and following it up some wooden steps and all the way along to the signposted intersection of a bushtrack heading down across the creek.

Continue straight: From the intersection the track follows the bushtrack south through the bush winding up some steps and crossing underneath the M2 moter way and back down and around to the signposted intersection of the Crimea road and Epping road tracks.

Turn right: From the intersection the tack follows the Epping road arrow

down across the creek and up the other side to the signposted intersection of the Eastwood Station track at the number 18 plaque

Turn right: From the intersection the track follows the Eastwood Station arrow through the bush winding all the way along to a rock platform where you can see the M2 motorway and continues along the track, all the way through until it comes to the signposted intersection of the signposted intersection of the Eastwood Station track

Continue straight: From the intersection the track heads west through the bush winding down a gentle hill and around a sewage access point, coming back up the other side to the signposted intersection of the Eastwood Station track.

Turn left: From the intersection the track heads south, up the short hill and through the bush passing 2 sewage access points as it winds along the left hand side of the creek, all the way to the intersection of the Eastwood Station track, a short distance after passing the 3rd sewage access point.

Continue straight: From the intersection the track follows the bushtrack south alongside the creek, passing a sewage access point and continuing up a short hill to the intersection of the unnamed bushtrack.

Veer left: From the intersection the track heads south west along the bushtrack winding up and down along the left side of the creek until it crosses a small wooden bridge and continues through the bush, all the way to the intersection of the unnamed bushtrack.

Continue straight: From the intersection the track follows the Eastwood Station arrow along the creek and through the bush past signpost 15, and a sewage access point. continuing up a short hill to the intersection of the Epping road track.

Continue straight: From the intersection the track follows the bushtrack down the gentle hill, winding around and under the Epping road bridge and across the rocks until it comes to the intersection of the Pembroke road path and the Eastwood Station track at the base of the wooden steps.

7.24 | Int of Eastwood Station and Pembroke street tracks

(50 m 1 mins) Veer left: From the intersection the track heads up the steps to the top, at the intersection of the Rest area track.

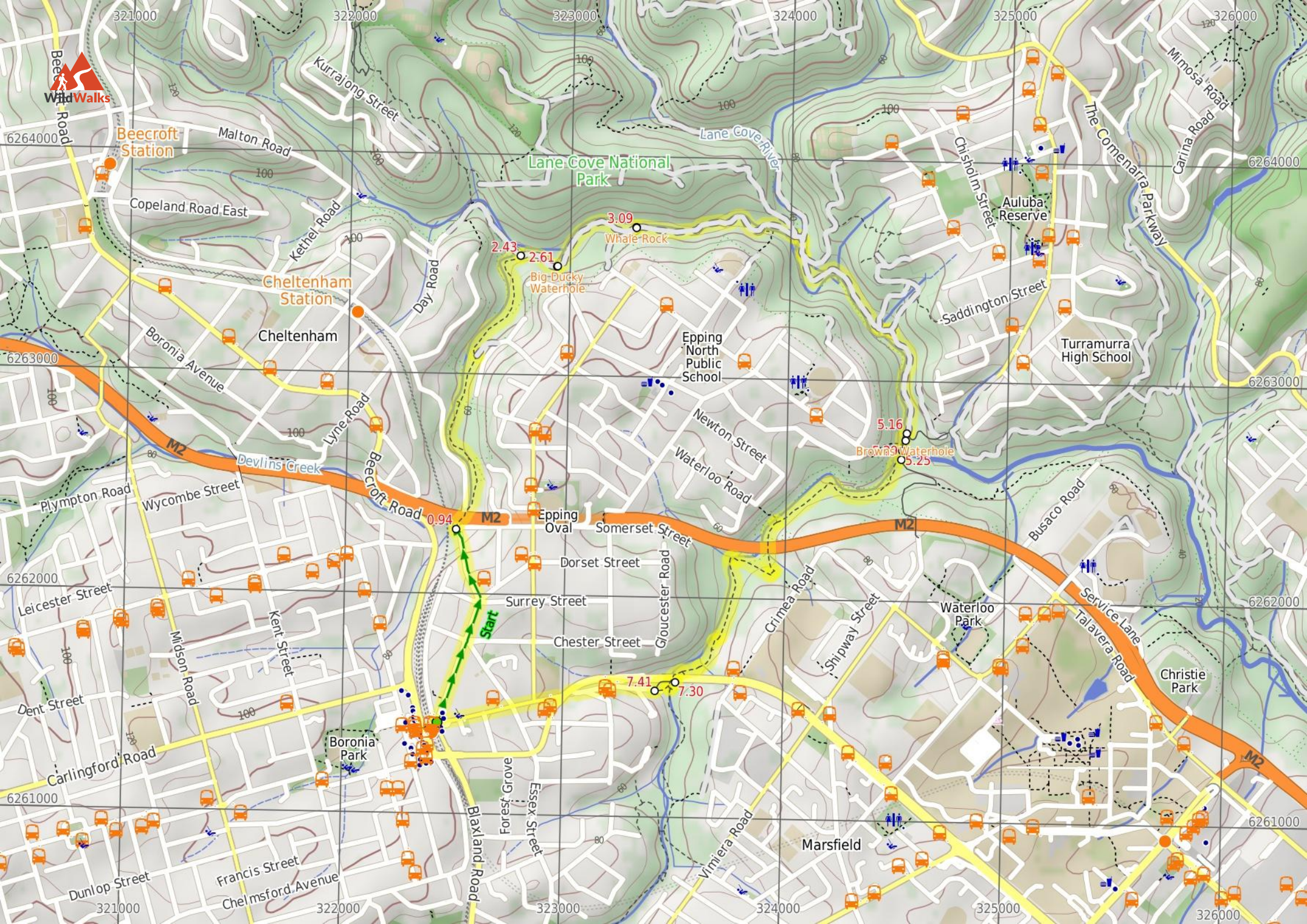
Turn left: From the intersection (marked with the no.13 post) this walk follows the track uphill, towards the busy road (through the re-vegetating clearing) for about 30m to come to a T-intersection with a concrete path, beside Epping Road.

7.3 | Int on Epping Rd east of Terrys Creek

(110 m 2 mins) Turn left: From the intersection, this walk follows the concrete footpath gently downhill, keeping Epping Road just to the right. After about 20m this walk crosses a bridge (over Terry's Creek) where the footpath then bends left (away from the main road) to head through the bush and over a smaller bridge. Just past this bridge, this walk comes comes to a T-intersection with Pembroke St (just near the end of the street), where a 'Marsfield' sign points back along the path.

7.41 | End of Pembroke street

(1 km 18 mins) Turn right: From the intersection, this walk follows Pembroke St gently uphill passing many white bicycles painted on the road. The walk then veers left with the footpath as it nears Epping Rd. The walk then uses the pedestrian crossings to cross Epping Rd and climb the slight hill on Pembroke St. The walk continues down Pembroke St passing through a round-a-bout with Essex St. The walk then continues down Pembroke St soon passing a church on the right before making its way down to Epping Station.



Summary navigation sheet for the Epping Station Lane Cove River Loop



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail)
Start	Epping Station -33.7725,151.0824 (GR Parramatta River, 224614)	3 -33	940 m 18 mins	The walk exits Epping Station on the Oxford St side.
0.94	Int of Derby street service trail -33.7646,151.0834 (GR Parramatta River, 225623)	7 -21	1.5 km 25 mins	Veer right: From the intersection this walk follows the Great North Walk arrow up the couple of steps then down along the footpath through the tunnel under the M2 (keeping the creek and wider management trail to you...
2.43	Int of Epping Trk and Malton Rd Trail -33.7534,151.0865 (GR Parramatta River, 228635)	3 -1	190 m 3 mins	Continue straight: From the intersection the track follows the Lane Cove River arrow along the servicetrail for a while before it loops around the top of Big Ducky Waterhole.
2.61	Big Ducky Waterhole -33.7539,151.0883 (GR Parramatta River, 229635)	6 -9	480 m 8 mins	Continue straight: From the top of Big Ducky Waterhole the continues through the valley keeping Devlins Creek below on the left of the track all the way to Whale Rock.
3.09	Whale Rock -33.7522,151.0922 (GR Parramatta River, 233637)	47 -66	2.1 km 40 mins	Continue straight: From Whale Rock the track follows the Penant Hills Park arrow along the service trail as it winds through the valley, crossing several small concrete creek crossings until it comes to the signpost...
5.16	Browns Waterhole int -33.7607,151.1055 (GR Parramatta River, 245628)	5 -1	90 m 2 mins	Veer right: From the intersection, this walk crosses the the causeway of Browns Waterhole.
5.25	Browns Waterhole -33.7614,151.1053 (GR Parramatta River, 245627)	3 0	40 m 1 mins	Continue straight: From Browns Waterhole, at the picnic tables, this walk follows the concrete management trail away from the river, up the gentle hill until reaching the large green 'Terrys Creek Walking Track' sign.
5.29	Int of Terry's Creek Walking Track and Brown's Waterhole Servicetrail -33.7618,151.1052 (GR Parramatta River, 245626)	46 -37	2 km 36 mins	Turn right: From the intersection the track follows the Terrys creek walking track sign through the dense bush and along a metal walkway the winds along for a little while, joining back onto a bushtrack and followin...
7.24	Int of Eastwood Station and Pembroke street tracks -33.771,151.0938 (GR Parramatta River, 235616)	0 0	50 m 1 mins	Veer left: From the intersection the track heads up the steps to the top, at the intersection of the Rest area track.
7.30	Int on Epping Rd east of Terrys Creek -33.7709,151.0941 (GR Parramatta River, 235616)	2 -1	110 m 2 mins	Turn left: From the intersection, this walk follows the concrete footpath gently downhill, keeping Epping Road just to the right.
7.41	End of Pembroke street -33.7712,151.0931 (GR Parramatta River, 234616)	46 -1	1 km 18 mins	Turn right: From the intersection, this walk follows Pembroke St gently uphill passing many white bicycles painted on the road.